



THE

LIFE

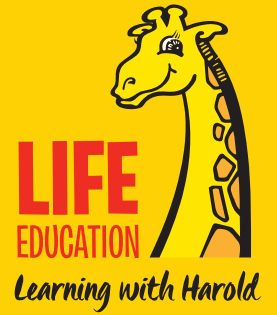
EDUCATION

PROGRAMME

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LIFE EDUCATION

For 30 years Life Education has been teaching health and nutrition in schools throughout New Zealand.

Every year over 250,000 children from 1,450 schools are involved in the Life Education programme. Through lessons in our mobile classrooms children learn about healthy eating, being a good friend, good and bad substances and how their body works.

We support and offer schools an integrated programme utilising a shared planning approach to ensure we are meeting children's learning needs.



OUR PHILOSOPHY

is based on three principles...

YOU ARE UNIQUE

Never before and never again will there be another child just like you. We try to make each child feel comfortable with their identity and to show them how special they are.

THE HUMAN BODY IS MAGNIFICENT

We capture children's imagination using technology that shows them the magnificence of the human body, how it functions and what its needs are.



SUPPORT & RESPECT

We need to
each other, because of the delicate and complex nature of life.



LIFE EDUCATION'S GRADUATE PROFILE

TEAM HAROLD

At the end of Year 8 Team Harold members will be...

Proud

...of their identity
and confident in
who they are.

Empowered

...to make healthy,
informed choices.

Connected

...and engaged with
the world.

Curious

...and have inquiring
minds.

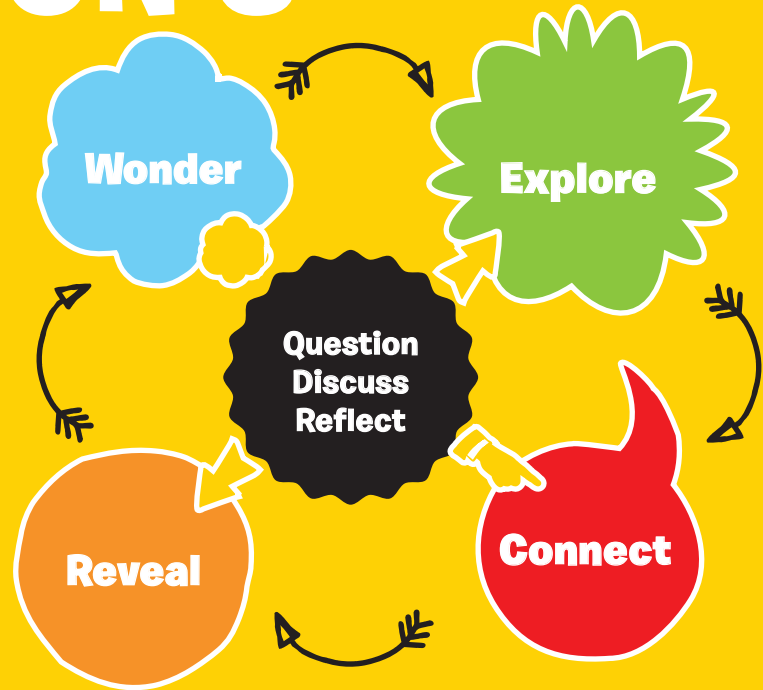
Respectful

...of themselves,
others and the
environment.



LIFE EDUCATION'S INQUIRY MODEL

Life Education's evidence supported resources and registered specialist Educators are able to offer you tailor-made interactive learning experiences to complement your school's inquiry focus.



LIFE EDUCATION AND THE NEW ZEALAND CURRICULUM



Life Education offers an Education Outside the Classroom (EOTC) experience to children. It's this environment, our registered specialist teachers and an integrated inquiry based planning model that makes Life Education successful.

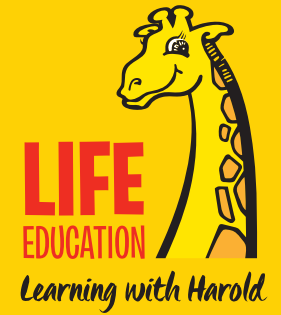
Life Education provides opportunities to develop the following New Zealand Curriculum values:

- **innovation, inquiry, and curiosity** by thinking critically, creatively, and reflectively;
- **diversity**, as found in our different cultures, languages, and heritages;
- **equity**, through fairness and social justice;
- **community and participation** for the common good;
- **ecological sustainability** and care for the environment;
- **integrity**, which involves being honest, responsible, and accountable and acting ethically;
- **respect** (for) themselves, others, and human rights.

More information is provided on the following page about how Life Education integrates within the New Zealand Curriculum...

Programme Strands	Food and Nutrition	Human Biology	Relationships & Communities	Identity & Resilience	Substances
Key Competencies in the New Zealand Curriculum	Managing self - Relating to others - Using language, symbols and text - Participating and contributing - Thinking				
Health and Physical Education Learning Concepts	Hauora – Attitudes and Values – Socio-Ecological Perspective – Health Promotion				
Life Education Concepts Covered	Food and Nutrition	Body Care and Physical Safety, Sexuality Education	Mental Health, Sexuality Education, Body care and Physical Safety	Mental Health, Sexuality Education, Body care and Physical Safety	Mental Health, Body care and Physical Safety
	Balanced diet Anatomy and physiology Physical development and growth Food sources Food packaging Influences on food choices	Basic needs and body care Anatomy and physiology Physical development and growth Physical safety Stress management Pubertal Change	Conflict resolution Leadership and teamwork Friendships Decision making Digital citizenship (e.g. cyber safety) Emotional safety Citizenship Rights and responsibilities Peer pressure	Feelings and emotions Emotional changes and growth Citizenship Conflict Resolution Personal identity, reputation and self-worth Stress management Resilience Self-management and goal setting Positive sexuality	Decision making Different drugs and their effects Relationships Physical Safety Anatomy and physiology Self-efficacy and assertiveness
Linkages to other Learning Areas of the NZC	Science	Science	Social Sciences	Social Sciences	Science, Social Sciences

See more about our programme here www.lifeeducation.org.nz/ourprogramme



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Charities Commission CC10320

Life Education is a charity and grateful for our supporters.

